

# Important Safety Notice

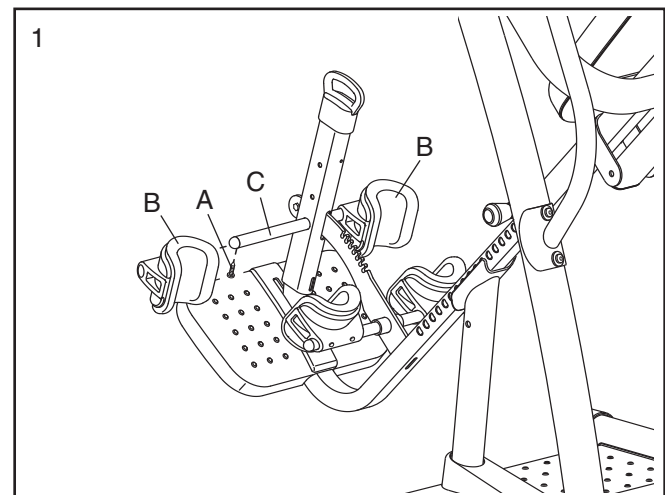
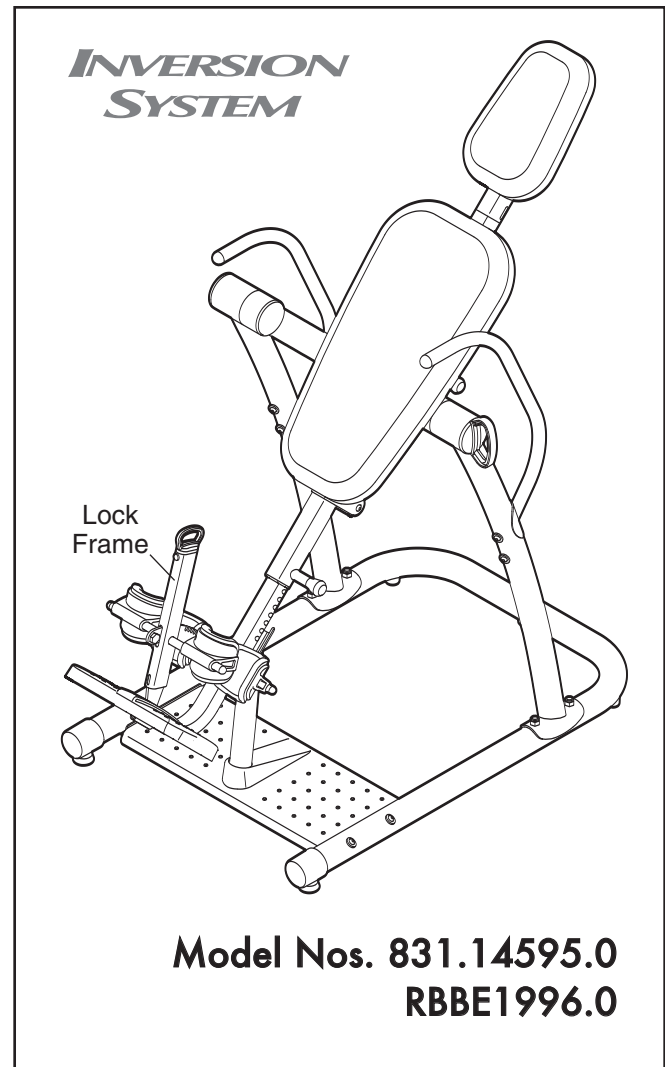
ICON Health & Fitness, Inc. has identified that the lock frame on the inversion system may release unexpectedly, the inversion system may have been assembled incorrectly, or the inversion system may be improperly used, which may cause a user to fall.

**DO NOT USE** the inversion system until you have installed the included replacement lock frame.

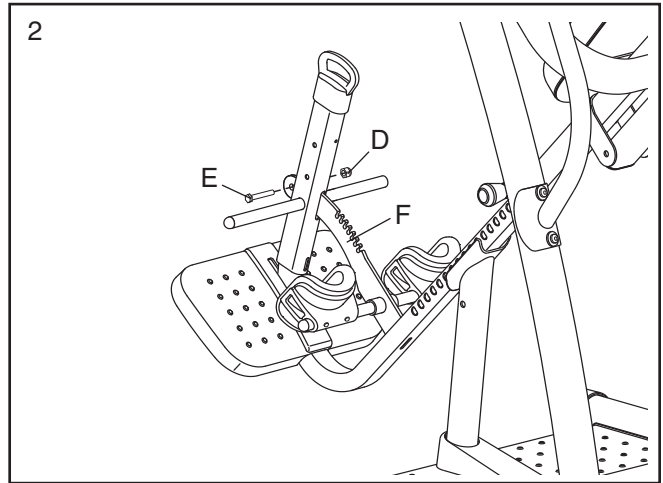
1. Remove the indicated M4 x 15mm Screw (A) and then remove the Front Ankle Brace (B) from the round tube on the Lock Frame (C).

**Remove the other Front Ankle Brace (B) in the same way.**

(Continued on back)



- Remove the M8 Nylon Locknut (D) and the M8 x 16mm Button Bolt (E) from the hole in the end of the bracket on the Leg Frame (F).



- Pull the Lock Handle (G) upward and pivot the Lock Frame (C) forward as far as possible over the indicated notch in the bracket on the Leg Frame (F).

**See the inset drawing (for clarity, the foot plate is not shown).** With the help of a second person, pivot the inversion system to a horizontal position and hold it. Loosen but do not remove the four M4 x 25mm Screws (H).

Remove the M10 Nylon Locknut (I), the two M10 Washers (J), the two 16mm Spacers (K), and the M10 x 75mm Button Bolt (L) (for clarity, the rear ankle braces are not shown).

- Pivot the inversion system back down and lift the Lock Frame (C) out of the slot in the Foot Plate (M). Insert the lower end of new Lock Frame into the slot in the Foot Plate. Slide the Lock Frame over the indicated notch and onto the notched bracket on the Leg Frame (F).

**Reverse steps 3 to 1 to install the new Lock Frame (C).**

**IMPORTANT:** When installing the new Lock Frame (C), make sure that the Button Bolt (L) is inserted through the hole in the lower end of the Lock Frame. Fully tighten the Button Bolt.

